



DISPLAY 26-2

Shoulder Girdle Muscles to Include in Manual Muscle Testing*

- Upper, middle, and posterior deltoid
- Glenohumeral lateral rotators
- Glenohumeral medial rotators (with isolation of subscapularis)
- All portions of the trapezius
- Serratus anterior
- Rhomboids and levator scapula
- Pectoralis major
- Latissimus dorsi

* *The reader is referred to the appropriate reference for specific manual muscle testing techniques.*^{70, 84}